

Highland Lake News

From the Highland Lake Watershed Association - A Nonprofit Organization Dedicated to the Preservation and Protection of Highland Lake and Its Watershed

Fall

2018

President's Message by Beth Papermaster



I am thrilled to be the newly elected President of the Highland Lake Watershed Association. People often ask how our family discovered Highland Lake. Our story is one of good luck. When we decided to purchase a lake home, we explored a variety of lakes. We thought we had finally found the perfect spot on a beautiful lake. One more visit to the property and we were ready to make an offer. A friendly neighbor engaged us in conversation. She asked us if we were aware of the lake's blue-green algae problem. "Did we know the lake is often closed to swimming for weeks at a time in August?" Well, based on that conversation, we passed on that opportunity, and we renewed our search for a lake house on a different lake. Someone suggested we come check out Highland Lake in Winsted. Fourteen years later and we have never looked back! Our memories of almost investing in a less than "healthy" lake have stuck with our family and highlighted for us just how fragile lakes are and how the state of the lake is integrally connected to our enjoyment of our lake house and to the value of our home.

HLWA's primary focus is to protect the lake and its watershed, keeping Highland Lake a valuable resource for families, fishermen, lake enthusiasts, and for the entire Northwest Corner. The twelve-member board can only accomplish its mission with your help and support. You are the lake's most important stewards. None of us wants blue-green algae or devastating invasive species of any kind destroying our beloved lake. The Town of Winsted also understands and appreciates the important role the lake plays in our community, working in partnership with HLWA to protect the lake.

At our recent HLWA annual meeting, we were fortunate to hear a wonderful presentation by Dr. George Knoecklein, a limnologist, hired by the Town to monitor the lake's water quality. His presentation was sobering. Highland Lake is in relatively good "health," but Dr. Knoecklein illustrated some important trends showing if all of us are not vigilant in protecting the water and the watershed, the quality of our lake could change dramatically (a review of Dr. Knoecklein's presentation appears later in this issue). We learned everything - yes, everything - we put into the watershed eventually ends up in the lake - and stays there.

I'm excited and proud to be part of HLWA. We are lucky to live on this beautiful lake. Become an active member of our association and we can work (and have fun) together helping to keep Highland Lake beautiful and safe. If you have any questions or comments, email me at president@hlwa.org.

Drawdown of 3 Feet Begins November 1.
Check hlwa.org for Details

Check out our new advertiser on page 20 -
and all our other wonderful advertisers!
Can you find the old one?

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Water Quality/Environmental Update

An Introduction to Organic Lawns

By Josh DiQuattro and Marcos Bernaddes
Litchfield Organic Land Care, LLC

The best way to begin an introduction to organic lawn care is by first examining the disadvantages of current “conventional” practices of lawn fertilization. This goes for both the homeowners who are treating their own lawns or those having a “Chem-Lawn” company manage the treatments. You’re all probably familiar with the term “four-step” or “five-step” program. Basically, you’re applying synthetic soluble fertilizer to the turf in large quantities (up to 40% nitrogen in some cases) to provide the nutrients required for optimal grass growth. Such excessive quantities of fertilizer are required because the product does not remain in the soil indefinitely; irrigation systems and rainfall cause the fertilizer to leach out of the soil over time. Fertilizer application is coupled with the application of pre-emergent and post-emergent herbicides, fungicides, and pesticides to keep the lawn clean and problem-free.

Without addressing the underlying problems in the soil itself, the lawn is then susceptible to being overrun with weeds, succumbing to fungal and bacterial diseases, and pest damage.

Overapplication of nitrogen can also cause problems of its own: pushing the grass too hard to green up and grow early in the season stresses the plant out and leaves it more susceptible to further problems. Conventional approaches don’t consider the soil at all; they treat it more like a sterile hydroponic medium rather than the building block of a healthy lawn, effectively micromanaging all the aspects of the turf: food, immune system, growth, weed resistance, etc. However, treating the turf in that way is a terrible investment because it requires repeat applications, and your money is wasted as the fertilizer is carried out of the soil each year. Stop following that program for one season and watch your lawn transform back into something barely resembling what you’ve been paying for. It’s not geared toward an investment at all. It’s geared toward repeat applications.

An organic approach always starts with a soil sample. Without knowing what is happening in the soil, there is no way to ethically apply any product. Most universities provide the service and have detailed directions online as to how to collect a sample, as well as forms to fill out when sending it in. What you should focus on mainly in the report is pH, macro and micronutrients, organic matter content and CEC (cation-exchange capacity). Nitrogen is not included on reports as it is quite volatile in the soil and fluctuates throughout the season.

Nitrogen application is usually determined by expectations of the lawn and pounds needed per 1,000 square feet. Most soils in CT have adequate amounts of phosphorous, thus negating the need for additional application in most cases. Phosphorous from runoff is the biggest concern in eutrophication: the excessive amounts of nutrients that build up in a body of water, usually from runoff. Eutrophication causes algae and other plant blooms, negatively affecting the quality and ecosystem of the lake. However, phosphorus is vital to root development and early plant health. Without the soil sample you won’t know if you should be applying any phosphorous at all.

The ideal pH for your lawn is 6.5; at that range all micro and macronutrients are readily available to the grass. This is also a healthy range for the soil microbes to inhabit. If your pH is too acidic, some nutrients won’t be as readily available to the plants, and populations of beneficial fungi and bacteria will die off. The soil microbes are your best friends in organics. They cycle nutrients, allowing you to apply less fertilizer. They provide disease and pest resistance, much like the “microbiome” concept applying to our own bodies’ populations of gut and intestinal bacteria. They recycle your lawn clippings and mulched leaves back into useable food for the turf. Just mulching your grass clippings back into your lawn can give you one pound of nitrogen per 1000 sq. ft. a year. The soil food web was created by Dr. Elaine Ingham and is the easiest way to understand the role of beneficial microbes in the soil. Besides the role they play in nutrient cycling and controlling pathogens, they’re also responsible for breaking down toxins in the soil, converting them into less harmful forms.



Cultural practices also play a large role in the health of your turf. Mowing height is key: 3” – 3.5” is the ideal grass height, allowing the plant to root deeply while also shading the soil, preventing weed seeds from

germinating and crowding out horizontal weeds. Cutting your lawn very short is just asking for problems: you’ll have more weeds and your lawn will be more susceptible to “browning out” or going dormant in the summer. Mowing is very important. When your lawn is already stressed out from the heat and drought of summer (although not this summer!), it doesn’t necessarily need to be mowed every week. If the lawn is browning and not actively pushing top growth, it’s actually detrimental to mow it just for the sake of a once a week mowing.

An organic approach encourages the grass to root deeply, helping to keep it from going dormant in the summer. The selection of grass species is crucial here, too. Kentucky blue grass (KBG), although beautiful, is extremely needy. The developments in plant breeding and hybridization has produced TTTF (turf type tall fescue), which is an equivalent replacement in terms of aesthetics while also being less needy in terms of water, fertilizer and maintenance. Most seed mixes are cut with some KBG, as it is great at filling in bare spots and stitching it all together. For shade areas, mixes of fine fescues are still the best choice. Although TTTF performs well in full sun and partial shade, it does thin out in full shade.

Organic lawns focus on building the soil nutrient content and biology. This combination, over time, cycles nutrients and thus requires less fertilizer. Most of what comprises organic fertilizer is not water soluble, meaning it has to be broken down by the soil microbes before it can be used by the grass. This form of nutrient is far less likely to contribute to eutrophication. It’s also made up

of organic sources which are safer than their synthetic counterparts.

In future editions we'll delve deeper into organic lawns and the role we all play in keeping the lake healthy and clean.

Review of Dr. George Knoecklein's Presentation: "The Health of Highland Lake - Water Quality Explained"

by Beth Papermaster

Dr. George Knoecklein, a limnologist from Northeast Aquatic Research, presented a report "The Health of Highland Lake - Water Quality Explained" at the HLWA annual meeting on Saturday, July 14. Limnology is the study of the biological, chemical, and physical features of lakes and other bodies of fresh water. Dr. Knoecklein explained limnologists do not describe lakes in terms of health; instead, lakes are described in terms of water quality, primarily how clear the water is. Here are some highlights from the presentation:

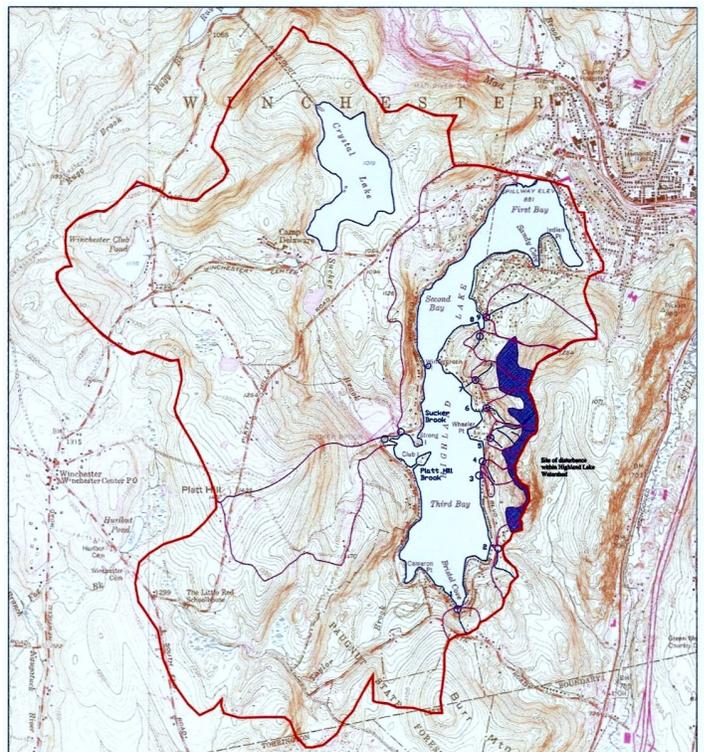
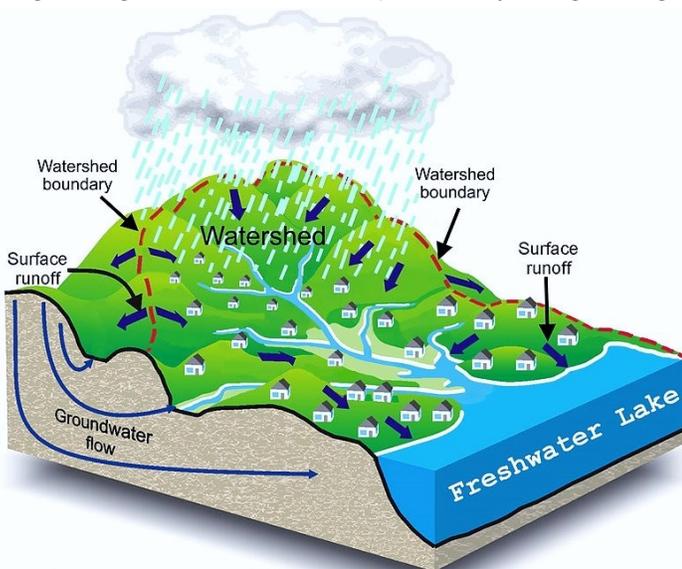
- Every lake has a watershed that separates the area from where the water flows into the lake and where the water flows elsewhere. Every drop of rain that falls within the watershed eventually ends up in the lake. Therefore, anything that happens in the watershed is going to affect the lake to some degree. (See map, below right.)
- When nitrogen and phosphorus are used in the watershed, they will make their way into the lake and help things grow. When algae increase, water quality and clarity decrease, which accelerates anoxia (an absence of oxygen at the bottom of the lake). Once the cycle begins moving like this, it doesn't take much for it to continue. Dr. Knoecklein said lakes are similar to locomotives, and once you start them going in a certain direction they will keep on going, so a lake can soon develop blue-green algae blooms that cannot be controlled.
- More and more lakes, even in Connecticut, are having blue-green algae blooms. The toxins produced by blue-green algae

can be lethal to people, livestock and pets that swim in or drink from the contaminated water - not to mention how disgusting it looks.

- There is no known recourse for dealing with a lake that has a blue-green bloom. There are treatments to kill the phytoplankton that will help control the blue-green bloom for a few weeks but it will come back. Dr. Knoecklein emphasized we do not want Highland Lake to continue to slide toward lower clarity and have blue-green algae form.
- Dr. Knoecklein examined years of water testing data to determine if Highland Lake is on a particular trajectory or if he sees a trend. He has seen declining clarity over the past years and stressed we have to continue to monitor clarity to see if it decreases in either numbers or average values.
- We must remember everything in the watershed will end up in the lake and very little of it will get out, so it is necessary all of us to do what we can to protect the watershed and thereby the lake.

After his presentation, Dr. Knoecklein answered a few questions. Two questions really seemed to resonate with people. The first question dealt with the issue of geese on the lake and on our properties. "Geese are not good" for water quality. Dr. Knoecklein explained geese are attracted to green lawns, and simply installing a plant barrier at the water's edge will encourage geese will go elsewhere.

The second question, "How concerned should we be about the boat launch and boats coming into the lake?" elicited a very emphatic response, "VERY." The threat of a boat bringing in an invasive species of some sort is very real and could be devastating. Coventry Lake, for example, now has hydrilla, one of the "worst invasive plants on the planet." Dr. Knoecklein said it is



(See full-color maps online at www.hlwa.org)

from the "7th plane of hell . . . I mean that this plant is seriously nasty." "The situation is dire. All of these ramps are being completely unmonitored. These plants are moving around." And, these types of plants are knocking on the door of our lake. Because we have no control over the monitoring of the boat launch, Dr. Knoecklein said we all should learn to recognize what plants should and shouldn't be in our water, and if we see something that seems unusual, we should work to identify it and see if it is a problem.

To watch Dr. Knoecklein's full presentation, visit: <https://youtu.be/QzidrE-Rbow> or go to our website and follow the link. I encourage all of you to watch it. It is about 39 minutes long and it is crucial all of us, as lake property owners, fishermen, or just lake lovers, are aware of how our actions, or inaction, can impact our beautiful lake.

The HLWA board will continue the discussion Dr. Knoecklein started. Please visit our website often so you stay informed and be part of the discussion.

Fish Tales – It's All About Bass

by Jim Welton

The fishing at Highland Lake remains good, especially for largemouth bass and rainbow trout. In fact, our lake is designated as a trophy lake for both bass and trout by the State of Connecticut even with current restrictions. All bass must be a minimum of 16" with a limit of two. Most lakes impose a limit of five and you can take them as long as they're 12". For trout, all fish between 12" and 16" must be returned to the lake and there is a daily creel limit of five. Only one trout, 16" or greater, is allowed for the frying pan!



I will focus my attention on bass in this month's article. While both largemouth and smallmouth bass inhabit Highland Lake, largemouth are more abundant and easier to catch. The best time to catch them is in the spring and fall when they're more active and shallow due to cooler water temperatures. According to Dave Rogozzine, owner of the recently opened Still River Outfitters next to ABC Pizza, fishing is also best in early morning and after 5:00 p.m. on weekdays when boat traffic is minimal. Bass can be found on the weed lines and around docks and can be caught with a variety of lures and live bait. Yours truly prefers soft plastics like the do-nothing worm and crank baits.

Largemouths in the 2- to 4-pound range are common, with smallmouth bass in the 1- to 2-pound range being more plentiful. Largemouths are distinguished by a horizontal stripe along the body and usually are a greenish silver color. Smallmouths by contrast have vertical stripes on their bodies and usually are brownish in color, hence their nickname "bronze backs."

Calico bass or "crappies" as they are often called, are also abundant in Highland Lake. While not growing quite as big as the largemouth or smallmouth, it's not uncommon to catch one in the 1- to 1.5-pound range. Crappies are known to travel in schools and seem easiest to catch in springtime using smaller lures - they prefer white. They are also known as "papermouths" due to their thin and tender mouths.

Rock bass, which can often be mistaken for smallmouth bass, can be distinguished by their large red eyes. Rockies are quite easy to catch, and while they're not considered a sport fish like their largemouth, smallmouth and calico cousins, they are very good at keeping the kids entertained during the summer months!

Unlike trout, bass are not stocked by the state and their population is dependent on good catch-and-release practices. But more on trout next time. Please send me your pictures for the next newsletter! See you on the water.

Having Fun Fundraising!

In a personal endeavor, Larry Beck swam and Alan & Jan Gyurko paddled on August 5 to raise funds earmarked for clean water at Highland Lake. The friends have been doing

this for several years, usually around Larry's birthday. He turned 73 on July 23 and can still swim the length of the lake in just a

couple of hours! Thank you to all who supported the effort and who cheered them on from their boats and docks!!



HLWA Now Accepts Venmo!

Pay membership fees, pay for events, and donate to HLWA using Venmo! PayPal has been great, but they charge fees for their services. You can now send money to "Highland Lake Watershed Association" and no fees will be charged to HLWA. It's so easy!



Follow the instructions below to sign up for Venmo:

1. Download one of their mobile apps: iOS and Android (Venmo does not have a Windows app)
2. Open the Venmo app
3. Choose your signup method and create a secure password (between 8 and 32 characters long).
4. Verify your phone number and email address
5. Add and verify your bank account

You can also sign up for Venmo from your computer at venmo.com and find help and how-to articles at <https://help.venmo.com/hc/en-us>.

History of 215 West Wakefield Boulevard

by David and Kristen Preusse

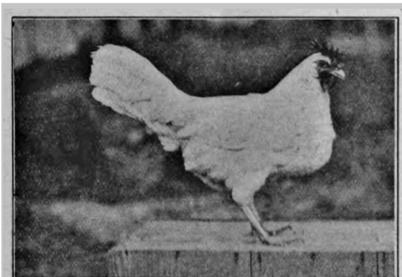


We've been told the original home was built "around 1880," and this was the second oldest home on the lake, but we hope to find more proof when we can one day find the time to conduct better Town records research.

We heard from friends Rudolf and Bridgette Fromm that they might be ready to sell this "summer home" after 34 years of enjoying what they called a "Dream Maker." By word of mouth, we had some introductions and were approved worthy to buy this property in a private sale, concluded last November. Then our deep winter freeze set in before we could enjoy the lake summer fun, but we were already loving sunrises, sunsets, starlit nights, lake ice hockey, new neighbors, and walks with our two yellow labs, Puck and Andi. Rudolf spent many days showing me the landscape and care he learned to be able to manage the property up on a hillside slope. I marveled at Rudy's great physical shape and hoped the work to keep up this home and landscape would serve our health as it did him. I have worked 22 years, now only six miles away, at Wittmann Battenfeld Inc., Torrington, where we employ a staff of 185, for manufacturing industrial robots and a range of equipment for the Plastics Industry. We raised our two children in Simsbury, and after 21 years there, with hundreds of Highland Lake real estate slow boat rides, we opted to skip the summer cottage hunt, go all in, and buy a full-time property.

We're still too new to elaborate much more on the history here, but maybe the Pratts or Valyos could add some more, since they own most of the original Moore's Farmland and have been working it for a very long time.

We have a new chicken coop, which is quite modest, but our chickens Daisy, Dixie, Daphne and Drumstick seem content, and soon we hope for more farm-fresh eggs, albeit we don't expect to compete in any State Fairs as the late Burton E. Moore's news articles show. We simply wish to keep the natural splendors alive and honor and preserve the awesome watershed scene as long as we can.



IN 44 WEEKS THIS HEN HAS LAID 234 EGGS.—THIS RECORD LEADS ALL AMERICAN BIRDS—SHE IS FROM THE PEN OF BURTON E. MOORE, WINSTED, CONN.

A Trip Around Highland Lake

The following is the text from a trip around Highland Lake from Friday, June 24, 1910, put on by the Young Men's Christian Association. Can you find a relative or identify your property? How many of you still have your old cottage name signs? Care to share? Email Marketing@hlwa.org.

Part 2 is continued from the Highland Lake News Summer 2018 edition. This part of the "tour" continues south along the west side past the "Tablet" all the way to the southernmost end of third bay.

Around the bend are Kamp-E-Knock-E-Knee, owned by Andrew Holman, and The Boulder, E. H. Persons' cottage. W. F. Maylott, general secretary of the Winsted Young Men's Christian Association, and his family will occupy the former this season. The Highland Lake hotel, the only hostelry at the resort, will open for the season the first of July under the management of its owner, A. M. Grant. The house has 30 rooms, which are in great demand during July and August. The small cottage of Mrs. W. L. Camp is situated on the shore. The cabin, as it is generally referred to, was built before the boulevard by Dr. Theodore Wolfe, an author who wrote a number of books in and about the place. The cabin was purchased and enlarged last year by Spencer Lathrop of New York. Pine Bank was until recently the summer home of Rev. N. M. Calhoun, now of Orange, Conn., but at present is owned by Wendell P. Norton of Torrington. Aldoru, next adjoining, is owned by N. W. Hayden of Windsor. Across the way on prominent mounds are Pine Knoll and Siesta Lodge, the former owned by C. K. Hunt and the latter by David Strong and Luman Colt. Pine Knoll will be occupied this season by Dr. Holly and family of Greenwich.

Nearby the entrance to the Lakeside Driving park, where a large squad of the dependent children of the Gilbert home has spent many an enjoyable summer's vacation and where the Y. M. C. A. boys will have a camp this summer, is the cottage of George McCarthy, son of the late John McCarthy, who owned the trotting park. Beside Sucker Brook in a cluster of trees stands the bungalow of J. Howell Price of New Rochelle, NY, and across the stream, where the boulevard turns abruptly, is the old "Bob" Hazzard place, owned by Roy brothers. The steep highroad to the right, known as Reaching Hill, was discontinued as a public highway a few years ago, when the Town constructed Forest Avenue, connecting to the boulevard at a point farther south with the highlands above.

The new cottage on the left, with double verandas projecting over the lake, is owned by Gilbert L. Hart. Island View, H. W. Robinson's cottage, is also on the lakeside. Directly out in the lake a stone's throw from shore is Strong's Island, which a decade or more ago was connected with the mainland by a bridge, the falling abutments of which are still visible when the waters are at a low ebb. But one cottage graces the beautiful island and that is owned by Lester C. Strong and is occupied this season by a party of young men.



WINTERGREEN, COTTAGE OF LOUIS T. STONE, WEST SHORE HIGHLAND LAKE.

Wintergreen Cottage, sitting on the bank to the right, was built by Rufus Eggleston more than 20 years ago and is inhabited seven months in the year by Mr. and Mrs. L. T. Stone,

which is owned by Frank Kramer and Harry Cleveland of Torrington; The Castle, owned by George Braman of Torrington, and the new combination summer and boat house of Fred Bleuher are located at the extreme south end of the lake.

Weowna Guest List and Veranda

by Debbie Trautman

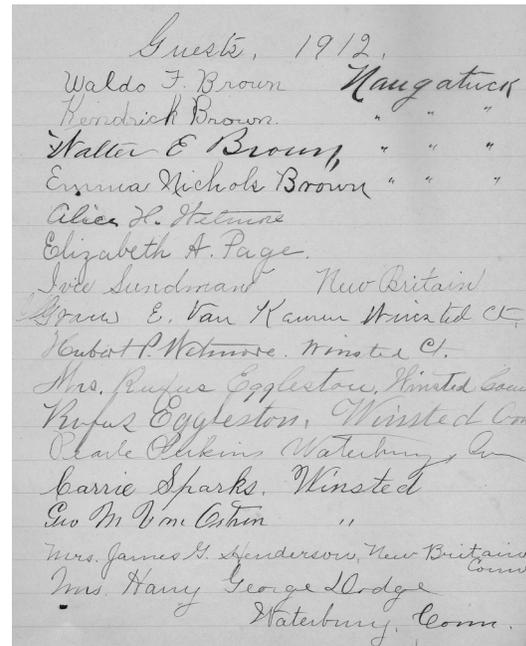
I saw the picture of "Weowna Camp" in the newsletter and wanted to share some information that was left behind by the previous owners of our property, Natalie and Scott McIntosh (704 West Wakefield) . . . note the Weowna and Benedict connection.



"Earlier this century a developer named Rufus Eggleston who, like his father before him, had substantial land holdings on the west side of Highland Lake, decided to subdivide his property.

"A Waterbury architect named Edwy Benedict purchased the two lots now known as 703-704 West Wakefield and built a sturdy cottage on the lakeside lot in 1911 (as the inscription chiseled into the large fieldstone over the fireplace attests).

"It's obvious from the design Mr. Benedict wanted a lasting and rustic retreat - one which would integrate well with its surroundings and was sheltered from the noise of passerbys on the primitive dirt road above. He certainly achieved this objective.



The stone foundation and bedrock supports have withstood the test of time.

"Following Edwy's death, his daughter Ruth occupied the cottage for many years and named it 'Weowna Lodge' . . ."

the present owners. On the lakeside on the next lot is Iowna cottage, which is owned by P. B. Gray. Grove Cottage, Thomas Furniss of Syracuse, NY, owner, was originally built by George Spencer, at one time proprietor of the Beardsley house. On Forest Avenue, within sight of the boulevard, are the cottages of Josiah Spear and Lester Spencer.

Another second's drive or so and we are speeding by Wawbeek, owned by A. G. Henderson of New Britain; the new cottages of E. R. Beckley and G. M. Crossman, The Wigwam, owned and occupied by Rufus Eggleston; The Thistle, owned by Peter Hart; the cottage of R. E. Alford, Cohen's and Uneeda Rest, both owned by Egbert A. Norton; Driftwood, owned by John Chatleton of Brooklyn; Oskawalla, built by W. J. Bryan, a Winsted boy, and now the property of Mrs. Louise Pendleton; The Hemlocks, owned by Charles Johnson of Brooklyn, NY; the cottage of Walter Harrison of Torrington, Camp Pinafore, which was acquired this season by John Lilley; the cottage of O. H. Hammond of Torrington, Woodland and Cozy Camp, both owned by A. H. Perkins of Torrington; Lakeside, owned by J. F. Baldauf of Torrington, and Emgee Lodge, owned by M. G. Porter of New Britain.



The tourists' trip along the west shore is completed at Taylor Brook. The next road to the left leads to Hatch's Landing, as it is known to the older inhabitants. The first park or pavilion was established on the site before the advent of the trolley to the lake. In those days, about two decades ago, two steamers were in commission on the lake. E. B. Parsons finally came into

possession of the property, which he sold to John Alvord of Torrington. All of the buildings have since disappeared, but the site as a vantage point from which to get a broad view of the third and largest bay has lost none of its charms. Kee-Way-Din Camp,

Early Morning Skiers Beware - Deer Crossing!

Larry Beck reported almost hitting a large deer swimming across third bay in the vicinity of Traub's new cottage while taking a friend skiing early one morning. Hmm . . . wonder if the Marine Patrol has any floatable "Deer Crossing" signs?



A Lifetime at the Lake

by Victoria Masucci

Highland Lake is home to many people, and even though I don't live there, it's still home to me. Even before I could remember, every summer was spent at my grandparents' house, Donald and Patricia Masucci. I learned how to swim there, how to jet ski, water ski, drive a boat, and the list goes on. Growing up on the lake has shaped who I am as an individual, and possibly even my future. It has allowed me the advantage of being a great swimmer (thanks to all the swimming my grandma and dad did with me), and being prepared for jobs I have acquired, such as being a lifeguard or swim instructor, from so many years in and around the water. I loved growing up on the lake because there was always something to do. And of course, grandma would spoil us kids with new tubes or kayaks. Even during the winter, my cousins and I always looked forward to ice skating on the lake. There was one year it snowed so much that someone in 3rd bay had to use their quad to plow a maze through the snow for us to ice skate through.



Each memory I have made on Highland Lake, and the ones that await, have all shaped me into the person I am. Highland Lake has also had a great impact on my career choice of environmental engineering and will always be a source of inspiration toward my future.

No Dumping!

by Jan Gyurko

There are vacant lots around Highland Lake where people are feeling free to dump yard waste, branches, leaves and other trash. These lots are privately owned and need to be treated as someone's private property.

Dick Labich sent an email saying, "I received a call from a local resident who has some issues with folks dumping trash on his property. He said he has undeveloped land at 801, 803 and 805 East Wakefield that are the targets for the dumping."

The resident explained he loves the newsletter and the articles on preserving land but is plainly tired of picking up trash, everything

from paint cans to tires. He asked that if the HLWA would write an article in the next newsletter regarding the problem of dumping trash, he would consider making a donation to the HLWA.

Donations are always nice; however, respecting the private property of others is far more important. If you have "clean fill" and there is vacant property that could use it, consider contacting the owner and asking permission to spread your leaves or grass clippings to help fill in areas of the vacant property (the owner's suggestion). It is never okay to dump trash.

HLWA holds spring and fall cleanup days where volunteers take sections of the roadways around the lake and pick up trash. Our next scheduled date is Sunday, September 30, and we often have a potluck luncheon afterward. Why not join us? Email hlwa@hlwa.org or check the website hlwa.org for more information and to sign up to help.

Purchase your HLWA swag at Lands' End online at:

<https://business.landsend.com/store/hlwa/>

You can now order clothing, towels, and more with the HLWA logo.

Be sure to register for alerts so you will receive notice of special sales and promotions such as free shipping or reduced logo fees.

Vacation Vacant House Check Program

(from the Winchester PD website)

The Winchester Police Department offers a "House Check" program designed to provide our residents increased peace of mind while away from their homes during vacations, work related travel, or for other reasons.

When you are planning to be out of town or away from your home for a period of time, you can fill out one of our vacation house check forms, located in the lobby of the Winchester Police Department, to request a vacant house check.

For the full write-up and to obtain the form online, go to:

Townofwinchester.org, Departments: Police, Police Dept. Forms, and choose House Check Program. (See screen print below.)

[Home](#) » [Departments](#) » [Police Department](#)

Police Department Forms

To view or print one of the Police Department forms listed, click below.

- [Request for Copy of Police Report](#)
- [Request for Local Criminal History Check](#)
- [Citizen Compliment / Complaint Form](#)
- [Application for Solicitor and Vendor Permit](#)
- [Parking Ticket Appeal Form](#)
- [Pistol Permit Checklist](#)
- [House Check Program](#)

Boat Parade 2018

by Jill Ricci

Did you notice the line of boats streaming by on the evening of July 14? Some decorated, some not? Some wacky, some not? Once again, the annual Highland Lake Boat Parade enjoyed a successful evening of merriment and some good old-fashioned fun as dozens of boats participated in the longstanding event. This year the boats paraded clockwise (the direction alternates each year) and were lucky enough to avoid raindrops (barely!) The impending weather threat may have deterred others from joining in, but there were plenty of hearty folks who decorated their crafts in creative ways to try to earn admiration and attention. The winners in different categories were awarded gift certificates to local establishments by the judges.

(Winners pictured in order on right)

Judges Choice: Platts, Owens and Barbros – Witches Brew

Most Colorful: Susan Emmerthal

Most Enthusiastic: Joe Tralongo

Most Original: Mike and Celeste Bergamo

People's Choice: Beth Papermaster and Jill Ricci (Halloween theme)

There was also a landlubber prize awarded to the property that displayed the best land decoration! This year's landlubber prize went to the Von Kannewurff family for their enthusiastic enhancement of their property with the use of bright pink flamingos (see below)!

It's not too early to be planning your theme and decorations for next year's boat parade, whether on land or on the water. Please plan to join in next summer!





Thank You!

The Board of Directors functions through the hard work and dedication of personal time from the volunteers who serve. This year, we note three past Directors who have greatly contributed to the HLWA and are moving on from their position on the Board.

Dick Labich served as President for 7 years, and another 4 years as a member of the Executive Committee as Past President. Dick was extremely passionate about the HLWA Legacy program and through his connections with the Winsted Economic Development Committee forged a close relationship between HLWA and the Town leadership.

Sally Carotenuti served for 6 years and oversaw the transition of HLWA finances from personal software and hardware to a professional accounting system specifically designed for 501(c)(3) (charitable organization) operations which can be easily transferred to a new Treasurer as the need arises. She was also instrumental in HLWA's participation and cooperation with first responders in town and has been an advocate for safe boating and emergency response readiness for lake residents, boaters, and swimmers.

The other retirement of note is Clare Stevens. Clare served on the Board since our inception in 1995 (23 years) and has been instrumental in so much of the direction and energy of the current

HLWA. It would not be possible to list all the contributions that Clare has made to HLWA and the Town, but in can be summed up in one single thought: "No one loves Highland Lake more than Clare Stevens." During the annual meeting, a special resolution of thanks honoring Clare was made by the general membership in attendance.

We thank them all for the service they have provided as Board Members.

HLWA is Registered with AmazonSmile!!

AmazonSmile is a simple and automatic way for you to support your favorite charitable organization every time you shop, at no cost to you.



To shop at AmazonSmile, simply go to smile.amazon.com from the web browser on your computer or mobile device. On your first visit to AmazonSmile (smile.amazon.com), you need to select a charitable organization to receive donations from eligible purchases before you begin shopping. Select Highland Lake Watershed Association. They will remember your selection, and then every eligible purchase you make at smile.amazon.com will result in a donation.

Fire and Ice/An Evening on Highland Lake

by Anne Lippincott

The evening of July 28 was filled with laughter, fabulous food, festive music, conversations with old friends, conversations with new friends and much, much more at the historic Hannon Ice House, the home of Karen and Stew Jones. This was the 14th annual HLWA fundraiser and a huge success. There were more than 150 attendees enjoying the spectacular view under beautiful clear skies (following a brief rain!).

The committee for this year's event put together an evening featuring the Hannon Ice House. There were artifacts and memorabilia on exhibit throughout the venue. The view was lit up by tiki torches to enhance the experience. Fabulous food was provided by Foxtail Fine Catering and Cafe in Winsted. Guests were treated to the sounds of The Substitutes, who played throughout the evening. Ledgebrook Spirit Shop once again organized the wine tasting, which included not only wine but moonshine from Hickory Ledge Farms in Canton and a variety of liqueurs such as lavender and chai spice from WildMoon. Guests were also treated to samples of five different brews from Little Red Barn Brewery beer. This brewery will be opening soon right here in Winsted.

There were many silent auction items for all to bid on throughout the evening. Local talent was evident on the extensive tables with items such as hand-painted "lake" signs to hand-carved "lake" boards to homemade blankets - and much, much more.

What a night . . . food, libations, music, a silent auction and even chair massages by Georgi Andrews on the dock as the sun set!

Thank you to all who helped, contributed, and attended An Evening on Highland Lake. Your continued support aids in protecting the lake and watershed. A good time was had by all!





Auction - Thank You!!

The following businesses and individuals were very generous in providing items for the silent auction at our Evening on Highland Lake event "Fire and Ice" held on July 28.

All Seasons LLC
 Andrew Ricci
 Anne and Jeff Lippincott
 Anne Doyle, Massage Therapy
 Apple Theater
 Carol A. Taylor (artwork)
 Chilli's
 Dairy Queen
 Docktails and Morsel Munk
 Don Crossman (wood carving of lake)
 Evan and Donna MacDermott
 F&G Richard's Jewelers
 Foxtail Fine Catering and Cafe
 Gay Schempp (artwork)
 Georgi Andrews, Massage Therapy
 Hanq's
 Jeff Hale Landscaping
 Jim and Belinda Welton
 Catherine Ouellet/Loreal
 Lara Green-Kazlauskas (artwork)
 Laurel City Marine
 Laurel Lanes
 Ledgebrook Spirit Shop

Lisa Traub
 Litchfield Organic Land Care
 Log House Restaurant
 Main Street Barber, Thomaston, Ron L'Heureux
 Mario's Tuscan Grill
 Mark Ricci
 McGrane's on the Green
 MGB Tire, Thomaston
 Noli's
 Pet Valu
 Portobello's
 R&B Sportsworld
 Rodan & Fields, Brooke Crossman
 Rowley Grill
 Sally Carotenuti
 Saybrook Point Inn
 Second Chance Decor, Laura L'Heureux
 Subway
 Tanglewood
 Texas Roadhouse
 The 99 Restaurant, Torrington
 The Purple Rose
 The Tributary
 Valley Chimney Sweep
 Warner Theater
 Willie Platt
 Winsted Area Ambulance

Marine Patrol Update

by Jan Gyurko (from an interview with Chief William Fitzgerald)

It's not just the Marine Patrol that has been upgraded. Since Chief William Fitzgerald took the helm in 2015, **all** staffing at the Winsted Police Department has been improved. Proper staffing is the number one priority of the department, he says, but since it takes a full year for a new officer to get from recruitment to the street, replacing a retiring officer is no simple or quick feat. The WPD has grown but still has to add to the ranks to be up to full staff. Progress has been made; the WPD now has detectives and the first female officer to be promoted to sergeant.

One of the goals Chief Fitzgerald has is to increase programming to the public. It follows the culture change in the department that enhances "Protect and Serve" with an added commitment of "Excellence Through Community Partnerships." The Chief stressed the Marine Patrol's objective is not on handing out tickets but rather on gaining compliance with safety rules, educating boaters, and forming relationships with lake residents as well as getting their perspectives on what some of their needs are. For example, On July 4, the Marine Patrol was actually **on the lake** until 10:00 p.m., and special events like the HLWA Boat Parade were fully covered. Last winter season about 20 homes, whose owners were out of state, were on the house check program. And, he said, he values greatly the special partnership he has with HLWA.

Eight officers are now certified for the Marine Patrol, up from only one. By April of next year, Chief Fitzgerald says **all** of his officers

will be certified. Marine Patrol is not a mandatory shift, but in the case of an emergency, any officer will be able to respond. One of the options the department has is a shift that is partially foot patrol and partially Marine Patrol. The Chief has also added flexibility. An officer could be on Marine Patrol at any time – during the week or at unexpected hours and not just on weekends and holidays.

The police department has certain priorities when it comes to staffing and safety. There are times you will **not** see the Marine Patrol boat on the lake:

- In severe weather such as thunderstorms, heavy rain, high wind (when no one else should be on the lake either). When weather like that exists or is predicted, shifts on the boat are cancelled.
- When there are large events in town such as carnivals, parades, beer gardens, fireworks, where a greater police presence is necessary for safety.



- At times when there may be a high volume of calls such as medical emergencies or accidents.
- When there is street work or construction where additional officers need to be present.
- During a shift change when one officer must go to fill up the gas tank and the other officer must stay with the boat.

One key upgrade is the Marine Patrol no longer has its own separate “identity” – it is now part of the regular patrol and augments what already exists. Much of this has come from input from Town meetings and suggestions from residents. The objective is for property owners and visitors to enjoy their stay and have a safe experience on Highland Lake. That said, look forward to boating safety education and inspections at the Marine Patrol dock in the future, as well as a closer working relationship with the neighborhoods and residents around the lake. Chief Fitzgerald also touts transparency. If you ever have questions or concerns, stop by and ask! I have!

Marine Patrol Officer Input

Officer Brandon Simmons has been with the WPD for just over a year, coming from many years at the Marine Patrol at Lake Waramaug. Officer Simmons subscribes wholeheartedly to the chief’s principals of education, compliance, relationships and resident needs. From his experience, the number one issue is with jet skis at the narrows between 2nd and 3rd bays. There is only a 270-foot distance from shore to shore. The law requires a jet ski to be at least 200 feet from shore when at high speed, thereby mandating the jet skier slow down at the narrows. A speedboat, even with a skier, is perfectly legal, even at high speed (within the limit, of course) through the center of the narrows. Common courtesy, however, would dictate all boats slow down when there is more traffic.

Officer Simmons mentioned a newer law that now requires paddle boarders to have a personal floatation device (PFD) on board. It has always been a requirement that any boat has a PFD for every passenger; paddle boards are now specifically mentioned in the list. As a reminder, children under 13 must **always wear** a PFD when in or on a watercraft. At times when the water is colder, October 1 to May 31, **everyone must wear** a PFD when on water.

Some of the other issues at the top of Officer Simmons list were:

- having the operator’s boating certificate with them in the boat
- sitting in seats when the boat is under way and not on the sides, back, motor or gunnels (in addition to the danger of falling out a passenger could be overcome by carbon monoxide)
- having a spotter over the age of 12 in a boat towing a skier (mostly violated by early morning skiers!)

All in all, the stepped-up Marine Patrol is a success and will continue to grow and improve creating safer lake experiences for everyone.

The Beardsley Library: A 21st Century Library With 19th Century Charm

by Karin Taylor, Library Services Director

The Beardsley & Memorial Library has been a part of the fabric of Winsted’s community since its establishment in 1874.

Mrs. Delia Rockwell Beardsley founded the library as a tribute to her late husband, Mr. Elliot Beardsley, a wealthy local manufacturer and political figure. Originally located in a building known as the Beardsley Block at the corner of Lake Street and Main Street, the library was set up as a reading room and a place where people could purchase a membership and have access to books and other materials.



In 1898, Mr. Jenison Whiting built the Memorial Library on the corner of Main Street and Munro Place. The Beardsley Library moved into the

Memorial Library building, and in 1939 the two libraries were formally joined as a free public library for the citizens of the Town of Winchester. In later years, the Towns of Barkhamsted and Colebrook also named the Beardsley & Memorial Library as their designated public library.

Although the library has changed over the years and adapted to meet the needs of the people it serves, the charm and character of the building remain the same. As most modern libraries in small towns have evolved to become community centers, so has Beardsley. Although its brand is still books and other media, with nearly 61,300 items circulating last year, Beardsley has much more to offer in terms of fun and free family programs, learning opportunities for people of all ages, and access to technology and other services for those in need.

One of the more modern conveniences offered to patrons is access to its shared collection of eBooks, downloadable audiobooks, and digital magazines and newspapers. The collection is accessible to anyone with a library card and a device and has books and magazines compatible for use with Kindle, iPad, and many more, free of charge and with no late fees.

Another important program is the library's collection of museum passes, which patrons are able to reserve, check out, and some are even printable from home for free admission or generous

discounts to local museums and attractions. Museums include Kids Play, the Beardsley Zoo, Mystic Aquarium, the Springfield Museums, and many more.

The library has many opportunities for family fun and activities on a weekly basis, and especially during the summer months for its summer reading program for children. For example, the traveling Beardsley Zoomobile visited this summer along with a magic show and a special story time with Daisy the Pig! Story time, which includes stories, songs, and crafts for little ones, happens every Wednesday morning at 10:45 a.m.

Educational opportunities at the library are not just for the young. The library holds workshops and programs for adults on a regular basis. One popular program is "Try It Thursdays," which is a chance for people to try out various crafts, DIY projects, and other trends. There are also financial literacy workshops, one-on-one job and resume coaching, and technology mentoring for people needing assistance with their tech skills. Interested in genealogy and local history? The library boasts an impressive collection of resources for researchers, including many available online through its digital archives and through CT Archives online.



For more information about all of these programs and activities, and to view the calendar of upcoming events, stop by the library at 40 Munro Street, visit online at www.beardsleylibrary.org, or call the library and talk to one of its friendly librarians at 860.379.6043.

Day Trips: Winsted, Winchester Well Worth the Visit

An article published Saturday, March 24, 2018, in the Bristol Press/New Britain Herald

The Town of Winchester and the City of Winsted are located in scenic Litchfield County. Winchester was named for Winchester in Hampshire, England and was settled in 1750.

It became a town in 1771, the same year Winsted settled along the Mad and Still Rivers. Winsted was named for Winchester and neighboring Barkhamsted. It became a borough of Winchester in 1858 and a city within the town in 1915.

Winchester's landscape ranges from rocky, grass-covered hills to steep mountains and valleys. The higher elevations provide panoramic views of the surrounding region. Woodlands, wildlife, and waterways abound, and there are countless outdoor recreations, including bicycling, hiking, and watersports. Highland Lake, a popular year-round attraction and one of Connecticut's largest lakes, offers public beaches and a state boat launch.

In the early 19th century, several turnpikes opened this region to travel and trade, and Winchester and Winsted embarked upon a century of remarkable growth and prosperity. Winchester's grassy slopes proved ideal for cattle-breeding and dairy-farming, and water power proved ideal for manufacturing. Winsted became a major industrial community producing tools, clocks, hardware, textiles, thread, etc. for domestic and foreign markets. When the railroads and trolleys arrived, Winsted's cultural venues and countless amenities attracted tourists, and it became an important commercial center. Winsted is called The Laurel City, for its abundant mountain laurel, and the Green District, Main Street, and Soldiers' Monument are among the historic sites.

As with most mill towns, Winsted's economy was affected by world affairs in the first half of the 20th century, and its workforce declined, along with business, industry, and farming. When a devastating flood struck Winsted in 1955, lives, businesses, industries, and homes were lost, but the community rallied and moved forward.

Winsted is experiencing a renaissance in the 21st century. Its historic structures are being converted into museums, studios, shops, and housing, and business and industry are thriving. Winsted and Winchester are known for their majestic churches, diverse architecture, old burying grounds, and memorial monuments, as well as the unique year-round events they sponsor to celebrate their past. With their idyllic landscape and convenience to highways and international airports, they are attractive year-round destinations. This quintessential New England city and town beckons visitors to take a closer look at their captivating past and enduring charm.

Want to Know What's Going on Around Town?

Go to the Town of Winchester website at <https://www.townofwinchester.org> and click the link for "Sign up for Town News."



Fall Festival

Contact Friends of Main Street at 860.738.3351 or fomswinsted@gmail.com with questions.



Contact Friends of Main Street at (860) 738-3351 or fomswinsted@gmail.com with questions.

Meet the Board of Directors!



Beth



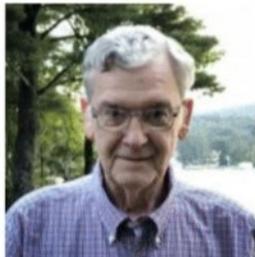
Carol



Jill

President: Beth Papermaster

Beth has served on the HLWA Board for three years, most recently as Vice President. Beth has also served as co-chair of the Membership-Social Activities Committee, working hard to add to the membership and increase visibility of Evening on Highland Lake, HLWA's signature fundraiser. In addition to her involvement with HLWA, she is a Corporator of the Hartford Public Library and serves on several nonprofit committees. Beth and her husband Dan live in Hartford and have two adult children, Nathan and Molly. They have had their home on the lake since 2004.



Ray



Jan



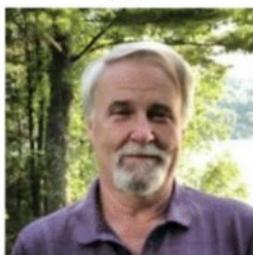
Anne

Secretary: Carol Zacchio

Carol was elected to the Board of Directors in 2013 and assumed the duties of Secretary the following year. In addition, she chairs the Finance Committee. As Secretary she has contributed to preserving HLWA documents electronically and helping HLWA take advantage of this digital age. For 20 years she and her husband Tony spent nearly every weekend enjoying the lake during all seasons with children, grandchildren and friends. In 2008 they built their retirement home on Shore Drive and moved to the lake full time.



Rosy



Willie



Nancy

Treasurer: Jill Ricci

In addition to being Treasurer, Jill also serves on the Finance Committee. She is committed to continued improvement and enhancement of recordkeeping and fiscal responsibility toward the safeguarding of HLWA funds. She is a CPA and is employed by New England Asset Management as an Investment Accounting Manager. Prior, she served as a Lieutenant in the US Navy. Jill and her husband Mark have owned a home on the lake for 18 years and have two adult children, Andrew and Alison.



Sam



Jim

Ray Fugere

Ray has lived on Highland Lake since the late 1970s, first as a partial season renter on first bay and then as a homeowner on third bay since 1990. Ray has been a member of the HLWA since 1990 and a Board Member since the 1980s. He has served on several Board Committees and as Board Vice President for several years. He has seen the HLWA Board grow from a seasonal entity to a very active year-round function serving to protect Highland Lake.

Jan Gyurko

Jan's family has been on the lake since the early 1900s. Jan is married to Alan and has one daughter living in California. She is retired from teaching computer technology and real estate for local community colleges. She is in her second year as a board member serving on the Marketing Committee but has been active on the lake, privately fundraising for clean water for many years and faithfully taking part in seasonal cleanups and HLWA events. Jan's focus is getting the website revamped and maintaining and improving the quarterly newsletter.

Anne Lippincott

Anne and her husband Jeff have enjoyed summering at Highland Lake for more than 36 years. They are currently full-time residents and loving it! They share their love of the lake with their three grown children, their spouses and grandchildren. Anne has been a special education teacher for the past 37 years, spending 17 years teaching in Canton and 20 years right up the street at Batcheller School. Anne is relatively new to the board and looks forward to the future on the lake.

Rose Molinelli

Rosy and her husband Stephen bought a cottage on Highland Lake in 1996. In 2003, on a stormy winter day, they moved into their newly constructed dream home and became full-time lake residents. Rosy began working in education in college. During her career she taught every age group from pre-kindergarten through teaching principals, culminating her career serving as Assistant to the Superintendent in Queens, NY. Rosy and Stephen have three children and seven grandchildren. Rosy has been on the HLWA Board since 2003 and has served on several committees. She can be seen during the summer months out on her pontoon boat taking water samples to help track the health of the lake.

Willie Platt

Willie and his wife Terry have lived at Highland Lake since 1975. Willie serves as a Steward on the Legacy Committee and is on the Town Ad Hoc Water Level Committee and Energy Commission. Willie attends many Town meetings and has volunteered at many HLWA events - setups and tear-downs, cleanups, and more. Thanks to Willie's creative thinking, HLWA began soliciting ads for the newsletter several years ago, and at this point there are so many advertisers that the cost of printing and mailing the newsletter is fully covered by the advertising fees.

Nancy Reardon

Nancy and her husband Barry have had a home on the lake since 2006, living in a house built by Bob Moore. They moved to the lake full time from Granby in 2015 and love it! Nancy and Barry have two adult children, Lindsay and Mark. Nancy is a licensed realtor with Berkshire Hathaway and Barry is a professional engineer with Energy Vectors in the Heating and Air Conditioning field. Nancy is excited to be more involved with HLWA.

Sam Sciacca

Sam and Becky Sciacca discovered Highland Lake and bought a home at 608 West Wakefield in 2004. Sam began with HLWA by helping with water sampling and the spring/fall cleanups and joined HLWA shortly afterwards. For the past four years he has had the honor to serve as President. When he not at the lake, Sam is traveling around the world speaking at conferences, symposia and meeting with international organizations to develop standards to advance technology for humanity.

Jim Welton

After living seasonally on the lake since 2006, Jim and his wife Belinda moved to a new home and now live full time at the lake. They have two adult daughters. Jim is a former pharmaceutical sales manager. Jim serves on the Winsted Economic Development Commission. Jim and Belinda have participated in many HLWA activities in the past and Jim is looking forward to working on the board.

Interesting Places

by Verna Gilson, *Beardsley Library*

This is an excerpt from the book, The Connecticut 169 Club: Your Passport & Guide to Exploring CT. It was written by local residents to encourage people to visit the beautiful 169 towns & cities in Connecticut. The 8.5 x 11 hardcover book contains 368

pages and more than 180 illustrations, maps, and photos. It was edited by Marty Podskoch, author of eight books including the Conn. Civilian Conservation Corps Camps, Catskill & Adirondack fire towers, Adk CCC Camps, Adk 102 Club, and Adk illustrated stories. The travel book will be available in late summer 2018. One can pre-order a signed book with free shipping by sending \$24.95 plus CT sales tax \$1.58 to: Podskoch Press, 43 O'Neill Lane, East Hampton, CT 06424 Also available in late summer 2018 at local stores, Amazon, and Barnes & Noble. Information (860)267-2442 podskoch@comcast.net or https://martinpodskoch.com

American Mural Project. An impressive hand-painted mural, at Whiting Mills, honors American workers. Holabird Avenue.

www.americanmuralproject.org

American Museum of Tort Law. Ralph Nader, Winsted native and consumer-advocate, developed this noteworthy museum in 2015. Open 10:30 a.m.-5:00 p.m. except Tues. 654 Main St. 860.379.0505 **www.tortmuseum.org**

Beardsley Library. Built in 1898, this 20th c. library has 19th c. charm. 40 Munro Place. **www.beardsleylibrary.org**
Gilson Café and Cinema. This former vaudeville theater shows films in a bistro setting. 354 Main Street.

www.gilsoncafeandcinema.com

Northwestern CT Community College. Founded in 1965, this was Connecticut's first community college. Park Place East.

www.nwcc.commnet.edu

Soldiers' Monument. This remarkable Civil War monument was dedicated in 1890. Crown Street.

www.soldiersmonumentwinsted.org

Sue Grossman Still River Greenway. This walking trail connects Winsted and Torrington. Winsted Road. **www.traillink.com**

Whiting Mills Studios. This historic mill houses studios and retail shops. 100 Whiting Street. **www.whitingmills.com**
Winchester Historical Society. The Solomon Rockwell House showcases Winchester's history. 225 Prospect Street.

www.townofwinchester.org

Visit **www.townofwinchester.org** for more information.

Committee Chairs

Finance: Carol Zacchio
Government Relations: Sam Sciacca
Water Quality/Environmental: Rose Molinelli
Legacy: Willie Platt
Membership: Jim Welton
Social Activities: Anne Lippincott

Board

Ray Fugere 860.738.9781
Jan Gyurko 860.877.1499
Anne Lippincott 860.307.6591
Rose Molinelli 860.379.5495
Beth Papermaster 860.614.2740
Willie Platt 860.379.0017
Jill Ricci 860.324.7673
Nancy Reardon 860.836.7506
Sam Sciacca 203.464.5703
Jim Welton 203.589.0542
Carol Zacchio 860.379.3267

Surfing on the Lake! Who Knew?

by Rachel Tenney

It's a beautiful Saturday morning, and I am just getting comfortable in my chaise lounge chair looking out at the water. I am completely captivated as I watch this surfer riding an enormous wave and doing it so gracefully. I have to remind myself I am not at a beach in California or Hawaii but I am sitting at my dock at our very own Highland Lake. It is not Mother Nature but a boat creating this large wave. Could you have ever imagined one day you would see surfers on a lake?! Well, it is here, and wakesurfing has become extremely popular over the past few years. In doing some research, I came to realize wakesurfing officially started in the 1970s, and it has certainly come a long way since the pioneers of the sport. Surfers started by using longboards behind a boat and soon realized they would need a bigger wake and shorter board. By the 1990s, wakesurfing started to make its way around the world.



Companies started making small boards, and the first world competition took place in 1996 in Michigan Bay. By 2011 Arizona became the home of the world's wakesurfing competitions. Wakesurfing has become the largest water sport competition worldwide.

You don't have to plan a trip to Arizona if you want to watch some of the fierce competitors navigating these waves. Sam Goncalves, who is 12 years old and one of our very own Highland Lakers, can be seen behind his dad Michael's boat quite frequently. Although he only started wakesurfing for fun about

two years ago, he quickly caught the surfing bug. Before he knew it, he was competing in a few local events and his love of the sport grew from there.

This summer Sam took his talents outside of CT and competed in surfing competitions in Clarks Hill, GA, Lake Anna, VA, Minneapolis, MN, and Grand Rapids, MI. He got first place at all of them. In Minneapolis he beat the #1 ranked Junior in the world. He also competed in the Wootown Wakefest at Lake Quinsigamond, MA, placing third in the men's Pro division. In early September Sam will compete for the World Championships in Ogden, UT. Keep it going Sam!!

Feel free to follow his story and events on Instagram [@sammy_g_63](https://www.instagram.com/sammy_g_63). By following him you would support his sponsorships.

The next time you're sitting out enjoying a cup of coffee or reading the paper dockside, be sure to keep an eye out for Sam. You will be amazed at the talent. Just watch out for those waves as they reach the shore. You may even want to give it a try yourself. My first thought was, what a great way to surf knowing you don't have to look over your shoulder in fear of a fin chasing you! Shark Free Zone, Lake Surf all the way!



GET PUBLISHED in the Highland Lake News!



Help keep our newsletter vibrant and interesting!

- Life on the lake stories •Pieces of history
- Photos of lake fun •Family event photos
- Nature shots •Articles •Poems •Recipes

Be creative!

Be fun! Be serious!

We want it all!

Submit your material to:
Marketing@HLWA.org

BRUNO'S STEAKS

are always good! They're cut from Double AA Grade, Heavy Steer Beef, and the best ad we know for them is that folks keep coming back for them, time and time again. When you want the best steak that money can buy, come to

Bruno's

607 Main Street Telephone 378
"Lots of good things come in those bundles from Bruno's"

HIGHLAND LAKE WATERSHED ASSOCIATION, INC. MEMBERSHIP APPLICATION

P.O. Box 1022, Winsted, CT 06098

Property owners in the Highland Lake watershed are eligible for voting membership. Others who wish to support the mission of the Association are eligible to join as an Associate Member. Membership dues are \$50.00 per year (**July 1-June 30.**) Dues and donations paid to HLWA qualify for IRS consideration as a contribution to a charitable organization and may be tax deductible.

Primary Residence *Correspondence will be mailed to your primary residence unless you indicate otherwise*

Name: _____

Street: _____

Town: _____ State: _____ Zip: _____

Phone: () _____ Email: _____

Lake Residence *Do you want the summer newsletter mailed to your lake address?* Yes ___ No ___

Lake Street: _____, Winsted, CT 06098

Phone: () _____ Email: _____

Dues for fiscal year 7/1/18 to 6/30/19 \$ _____; additional donation \$ _____ *Please make check payable to HLWA*

Volunteer opportunities:

<input type="checkbox"/> HLWA Board of Directors	<input type="checkbox"/> Water Data Collection
<input type="checkbox"/> Town Meeting Attendance	<input type="checkbox"/> Newsletter
<input type="checkbox"/> Social Activity Planning	<input type="checkbox"/> Cleanup Campaigns
<input type="checkbox"/> Welcoming New Owners	<input type="checkbox"/> Marketing/Fundraising
<input type="checkbox"/> Website Maintenance	<input type="checkbox"/> Finance

(Form also available on website www.hlwa.org)

Recipe Corner

by Marlene Rouleau

Everyone loves pizza - and now they can enjoy it for dessert, too, with this cheesecake-filled cookie pie topped with a medley of fresh fruit!



Fruit Cheesecake Cookie Pizza

Cookie Dough

1/2 cup unsalted butter, room temperature
2 ounces cream cheese, room temperature
1/2 cup granulated sugar
3/4 cup packed brown sugar
2 teaspoons vanilla
1 egg
2 1/2 cups all-purpose flour
1 teaspoon baking soda
1/2 teaspoon salt

Beat butter and cream cheese in a large bowl until creamy. Add sugar and vanilla; beat until smooth. Add egg; beat until smooth. Stir together flour, baking soda and salt in medium bowl. Gradually add dry ingredients to butter mixture until incorporated. Preheat oven to 375°F. Coat 14" pizza pan with nonstick spray. Press cookie dough into an even 12" round on the pan. Bake 15 minutes; cool completely.

Cheesecake

1 package (8 ounces) cream cheese, room temperature
1/2 cup sugar
1 teaspoon vanilla
1 cup thawed Cool Whip

Beat cream cheese until creamy. Add sugar and vanilla; beat until smooth. Using rubber spatula, gently fold in Cool Whip and smooth spread over cooled cookie.

Fruit Topping

1 can mandarin oranges, drained
1 kiwi, peeled and sliced
1 cup sliced strawberries
1 pint blueberries
1/2 pint blackberries
1/2 pint raspberries

Arrange fruit topping on cheesecake filling.

Bruce's Detail Service, LLC



152 East Lake St.
Winsted, CT 06098
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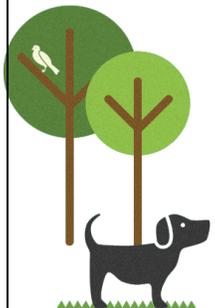
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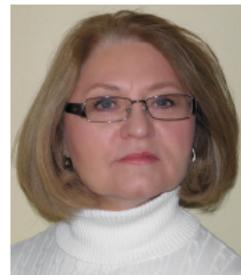
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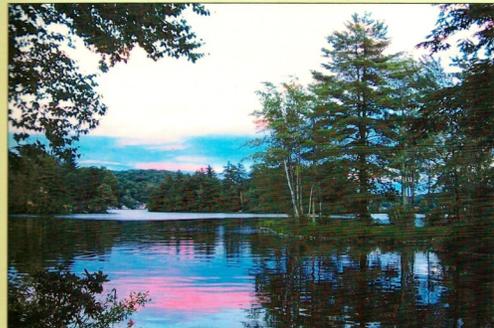
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Highland Lake Reflections



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Fall Cleanup - September 30, 9:00 a.m., with luncheon following at 12:00 p.m.

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