



From the Highland Lake Watershed Association - A Nonprofit Organization Dedicated to the Preservation and Protection of Highland Lake and Its Watershed

Spring

2019

President’s Message by Beth Papermaster



One of the many important responsibilities of the Highland Lake Watershed Association’s Board of Directors is to ensure proper management of the Association’s finances. The Finance Committee, together with the Board, is diligent in overseeing appropriate spending and investing of funds received through donations and annual dues. After careful consideration, the Finance Committee and HLWA Board decided to place a portion of the Association’s funds under the stewardship of Northwest Connecticut Community Foundation.

By establishing an unrestricted non-endowed fund with the Northwest Connecticut Community Foundation, HLWA joins more than 50 well-respected Northwest Corner nonprofits including Friends of New Hartford, Canaan Foundation, Charlotte Hungerford Hospital, Goshen Land Trust and Heritage Land Preservation Trust, who partner with the Community Foundation in the investment and administration of their endowments and their non-endowed funds. By having HLWA’s funds pooled together with other charitable funds, there is an increase in the combined capacity for each to grow and thrive.

The Northwest Connecticut Community Foundation was founded in 1969 and has assets of more than \$100 million. The Foundation’s mission is “to enrich the quality of life for residents of our 20 town service areas in Connecticut’s Northwest Corner through the generosity of its fundholders . . . We work collaboratively with donors and their professional advisors on individual giving solutions that address donors’ individual goals.” “The potential for each fund is maximized when it is prudently invested within a larger corpus. This allows for capitalizing on investment opportunities and economies of scale that are unavailable to each fund individually. As the pool of funds increases, so do the benefits for each fund in the pool.” (northwestcf.org)

By having a fund with the Community Foundation, HLWA will now be able to offer giving opportunities with independent oversight making it possible to receive planned gifts from donors and to accept donations of stock, personal property and other non-traditional gifts. Donations can be made directly to our non-endowed fund through HLWA. Donors who wish to remain anonymous should contact the Community Foundation directly.

The Foundation’s investment returns consistently rank with the top performers among its peers nationally, with the five-year net annual returns ending December 31, 2017 at 10.5%, 10-year 7.5%, and 15-year 8.7% (most recent information available). We recognize the Fund is not without risk, and to minimize the risk we are using best practices of dollar cost averaging and periodic review. Although any specific shorter time period may result in a loss, over time we would expect to experience a positive return on investment. Best practices and prudent financial oversight include seeking low-risk investment returns for long-term funds. The Finance Committee is committed to monitoring performance and market conditions regularly and would retain discretion to pause or discontinue any or all deposits based on unforeseen circumstances.

Check out our new advertiser on page 12 and all our other wonderful advertisers!

If you have any questions, please email us at hlwa@hlwa.org.

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Water Quality/Environmental Update

Buffer Plantings - Runoff, Geese and Your Shoreline

by Joshua DiQuattro, Litchfield Organic Land Care, LLC

In this installment, I've been asked to highlight the importance of buffer plantings. Buffer strips are trees, shrubs, perennials and groundcover that catch sediment and nonpoint source (NPS) pollution before they reach the lake. As we develop land that was formerly heavily wooded, we create more impervious surfaces



that contribute to overall runoff. Without the physical and biological filtration of this runoff, sediment and pollutants run unimpeded into the lake. Although the

pastoral view of an expansive lawn running directly up the lake is pleasant to the eye, it is contradictive to the health of the lake itself. Buffer plantings, small or large, are net positive gains in the ongoing process to preserve and increase water quality.

Incorporating a buffer strip with plants on the taller side can also deter Canada geese from adding your shoreline to their daily routine. Their habits of leaving your yard covered in droppings and grazing your grass down to the soil makes them unwelcome guests. Each goose can produce up to 1.5 pounds of droppings a day! This is more than enough reason to discourage them from frequenting your property. Buffer plantings are more economical and less intrusive than traditional fencing options. Geese prefer easy access to and from your yard as well as an open sightline to the water. Incorporating plants in the 24" range is more than high enough to achieve the desired goal of discouraging the geese while still leaving you with a beautiful view of the lake.



While some buffer strips can be quite large, 50'-250', any strip of vegetation is beneficial. Adding a simple bed of native perennials will provide a significant amount of filtration. Plants' leaves provide a physical buffer from falling rain and their roots provide a buffer from runoff. The lack of foot traffic in planting beds allows the soil to naturally loosen through biological processes favoring better water penetration. The soil microbes, specifically beneficial bacteria and fungi, are responsible for capturing leaching nutrients and breaking down pollutants. Always use organic amendments in your buffer planting to cause as little harm as possible to your friendly soil food web.

The biggest concern we hear from clients is the desire to not intrude on their view of the lake. As long as you know your sunlight exposure and soil conditions, there is a plethora of plants to choose from that will stay under your sightline. Choosing larger shrubs or smaller trees to frame an entrance or particular view for added emphasis can be a focal point of your new buffer planting. We always try to incorporate native plants, or cultivars of natives, into these gardens as most are very hardy, dependable and don't

require much maintenance. A wonderful dwarf grass, Little Bluestem, is a prime example of a cultivated native that stays short and provides a fine texture that won't obstruct your view, but rather enhance it. An assortment of perennials chosen to flower over the entire season, a mini-wild flower "meadow," a mixed border of dwarf shrubs or even a swath of edible plants such as blueberries can all be wonderful options.

When we start to look at buffer plantings as a welcome enhancement rather than an impediment, endless opportunities start to appear. Whether it's preventing fertilizer and pollutants from entering the lake or keeping geese from accessing your yard, buffer plantings can be a welcome addition to your lake property. As always, if you have any follow-up questions, please don't hesitate to contact us.



Bears!

by Jan Gyurko

One of the photos submitted to the Morsel Munk-Highland Lake Photo Contest was titled: "**Look, Mom's home, and she brought take-out for dinner!!!!**" It was a photo submitted by Michael von Kanneuruff of a large black bear carrying a full trash bag!

While talking one day with Ray Juros about the number of bears around the lake this year, he mentioned purchasing airhorns for himself and his neighbors. I called the Connecticut DEEP and spoke to a wildlife expert to see if they had anything to add. The man I spoke to confirmed the airhorn was a good idea. Ray happened to be at Northwest Sporting Goods, but airhorns as well as "bear spray" designed to hit targets 30 to 35 feet away should be available anywhere outdoor goods are sold. Another suggestion from DEEP was putting a capful of bleach in every bag of trash put out. It masks garbage odors and bears don't like the smell!



Pollinator Gardens – What's the Buzz?

by Jen Perga

One of the latest trends in conservation projects is to install a pollinator garden. Last summer, I visited two gardens and was intrigued to find colorful, beautiful, and beneficial plants – gardens that support local birds, bees, butterflies and many species whose numbers are in decline. By planting some of these flowers and shrubs, we can help native species, beautify our gardens and extend the lifetime of Highland Lake as well!

I turned to avid gardener and HLWA board member, Carol Zacchio, for her advice before writing this article. Carol's garden literally hums with a huge variety of insects as they gather nectar.

A pollinator garden contains plants that bloom from early spring to fall. By including evergreen shrubs and trees, the garden provides cover for wildlife as well. I hadn't given native plants much thought until an ecologist explained to me a food chain might depend on one plant that sustains specific insects that are consumed by migrating birds that need to fuel up. Ornithologists are discovering even small parks and our yards can provide critical shelter and food for migrating birds. Another reason native plants are recommended is because once established they generally require less care.

Carol's advice is to choose your plants carefully, as some plants depend on either wet or dry soils, sunny or shady exposure or sometimes a sheltered area, as opposed to a windy one. Don't forget to check the label to see how large the plant will become. My husband and I have a few shrubs that are too large to replant and grew way beyond our expectations! Carol also recommends looking at the hardiness "zone number." Plants are rated on their tolerance to the cold. In the northwestern corner of Connecticut, a Zone 5 or lower is ideal.

Resources: The Northwest Connecticut Conservation District has a large (mostly native) plant sale every April. There is also a lot of pollinator garden information available on the internet: UConn Extension, CT DEEP, and Audubon websites are very helpful.

Carol's Picks

Spring flowers: Coral Bells, Creeping Phlox, Columbine

Summer flowers: Coneflower, Tall Phlox, Butterfly Bush (not native, but highly beneficial)

Late summer/fall flowers: Sedums, Joe-Pye Weed, Asters

Of course, Winsted's native Mountain Laurel provides year-round cover and spring flowers. Before planting Mountain Laurel, think of where they grow naturally - at the edge of a forest where they are protected from the wind, with some shade/sun in moist, well-drained areas.

Rhododendrons, although nonnative, are evergreen as well and are available in a variety of colors - and bees love them.

You cannot have an article about plants, butterflies, birds and the bees without mentioning milkweed. While this plant is not for



every gardener or garden, it is a source of nectar for butterflies and hummingbirds. Monarch butterflies only lay their eggs on milkweed and Monarch caterpillars only eat milkweed.

Most important, your pollinator garden will help prolong the life of Highland Lake. Any trees, shrubs or flowers we plant slow the force of rain as it falls and enable it to seep into the ground (instead of rapid runoff that accelerates erosion). The vegetation will also absorb excess nutrients in the soil, preventing them from fueling algae and weed growth - especially if you can orient your garden between your lawn and the lake.

In summary, the numbers of pollinators are in decline. We can help them by planting beneficial shrubs, flowers and trees and reducing our use of insecticides. The plants beautify our gardens and help Highland Lake.

Afternoon At The Lake

by Sandi Vander Sluis

I sit by the lake on this wondrous day,
watching the reflection of flowering trees,
rippling past watching appreciative eyes.

Breathing in the smell of glorious spring,
as chattering frogs and birds sing,
their way of celebrating the new season.

The lush green forest surrounds and protects me.
Soft fluffy white clouds in the blue sky above
play peekaboo with the bright yellow sun.

I feel a peaceful feeling overtaking me
and my spirits seem to soar from within
just like the eagle circling, floating above.

The wind softly whispers through the trees,
as I rest on the soft green bed beneath me,
drinking it all in - glad to be one with nature.

Fond Remembrance – Norm Southergill

We send our sincere condolences to the family and friends of Norm Southergill, past president of HLWA. Norm was a longtime resident on Highland Lake and his family maintains a residence here. He was passionate about our lake and its care and was president of our association from 1991 to 1995. It was under his presidency that we applied for and received tax-exempt status, allowing us to become a charitable organization. We are grateful to Norm for his vision that paved the way for our continued oversight and preservation of our beloved Highland Lake. We are also grateful for the donations that have been made to HLWA in Norm's memory.



In the Spring 2005 Highland Lake News, there was a Know Your Neighbors article on Norm and his wife Lucy. Check it out online (<http://hlwa.org/hlwaspring2005.pdf>) to see some interesting facts about them!



Dam Update

by Sam Sciacca

It's been a while since the catastrophic failure of the conduit at Sucker Brook Dam. Here is an update of the situation and plans/activities HLWA is contemplating.

The runoff stream originating from Platt Hill which the failed conduit was designed to contain has been diverted at the upstream inflow structure. It now runs on the surface through wooded ground northwest of the conduit path. After some additional erosion as the stream cut a new path through the woods, it is now running fairly clear, so we are hopeful the majority of new erosion on the hill has subsided.

The State has implemented a number of temporary measures in an attempt to reduce further migration of material from the sediment/debris field in the impound area from being carried into Sucker Brook Cove by the Platt Hill stream and Sucker Brook. These measures are having some effect, although it is difficult to know the degree these measures are effective vs. simply a case of a stabilization of the sediment field for the time being. The State has positioned earthmoving equipment on a site in standby mode in the event emergency/temporary repairs are needed between now and whenever permanent work can begin.

The State DEEP and the Army Corps of Engineers are studying the best long-term solution to be implemented once the impoundment area is dry enough to support construction equipment. We believe one approach being considered is the construction of a rip-rap channel in place of the conduit. The thought is a rip-rap channel would allow water to be carried off the

hill without further significant erosion and have less potential for failure in the future. At this writing, the HLWA Board is not aware if a final approach has been agreed to by the State and the Army Corps of Engineers.

The State hopes to calculate how much earth was displaced from the hill/conduit channel, how much has settled into the sediment field behind the dam, how much ended up in the sediment pond before the West Wakefield Boulevard culverts, and (by calculating the difference) how much ended up in the lake. Independently of State and Federal activities, George Knoecklein of Northeast Aquatic Research (NEAR) has advised Beth Papermaster NEAR has depth records of Sucker Brook Cove from some time ago. As part of the spring water sample testing, HLWA intends to contract NEAR to do new depth measurements of the cove to see if there has been an appreciable reduction in depth from the previous observations.



Photo of conduit hillside erosion

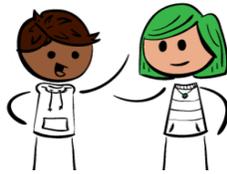
Throughout the event and aftermath, HLWA has remained in close contact with Town and State officials. On Tuesday, December 18, Beth, Sam Sciacca and Willie Platt met with Jay Case (63rd District State Representative) and Craig Miner (30th District State Senator) at the dam to review the current situation and express HLWA concerns and interests for stabilization, correction and remediation. We have also had numerous conversations with Candy Perez, Winchester's Mayor, who is working hard to ensure the State and Federal authorities are responsive to the needs of the lake. The Board will continue to monitor the dialogue and decision-making process at all levels (local, state, federal) and intends to weigh in wherever and whenever appropriate to remain true to our mission.

Note: Just before going to print, we learned the Suckerbrook Dam repair project has gone out to bid. To read details about the bid, visit:

https://biznet.ct.gov/SCP_Search/BidDetail.aspx?CID=48948

HLWA Board Meet and Greet

Our second HLWA Board Meet and Greet was a success. A huge thank you to Noujaim's for hosting the event. There were more than eighty people in attendance, eating and socializing! It was wonderful to meet some new lake friends as well as reconnect with past friends. The weather outside was chilly, but the atmosphere inside was warm. A huge thank you to everyone who assisted in making this such a successful event!



HLWA Accepts Venmo

Pay membership fees, pay for events, and donate to HLWA using Venmo! PayPal has been great, but they charge fees for their services. You can now send money to "Highland Lake Watershed Association" and no fees will be charged to HLWA. It's so easy!

Follow the instructions below to sign up for Venmo:

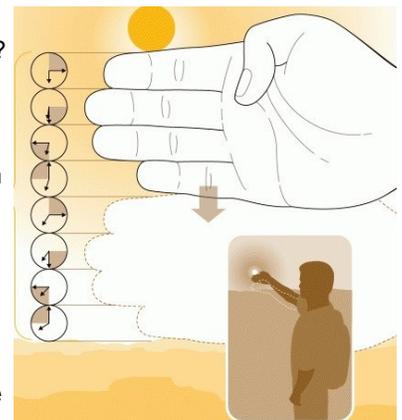
1. Download one of their mobile apps: iOS and Android (Venmo does not have a Windows app)
2. Open the Venmo app
3. Choose your signup method and create a secure password (between 8 and 32 characters long).
4. Verify your phone number and email address
5. Add and verify your bank account

You can also sign up for Venmo from your computer at venmo.com and find help and how-to articles at <https://help.venmo.com/hc/en-us>.

How Much Time Do I Have to Play until the Sun Goes Down?

Calculating Sunset Time With Your Fingers

Do the kids have time to play that one last game? Is there time before the sun sets to finish that last part of a project? Did you know estimating sunset time with the help of your fingers is really very easy? Here's what you do . . . Stretch your arm as much as you can and count the number of fingers that can come in between the sun and the horizon. That's it. Each finger is about 15 minutes of remaining sun time. If four of your fingers, or one hand, fits there, you can say it's one hour to sunset.



Buying a Boat this Season? Putting in a New Lift or a Buoy?

Know the rules and regulations.

Boating Regulations

- The boat launch, located at 297 West Lake Street, is State owned and operated.
- Parking: 28 spaces.
- CT Department of Energy & Environmental Protections regulations:
 - 6-mph limit from 1/2 hour after sunset to 1/2 hour before sunrise.
 - “Quiet time” at Highland Lake begins Sundays at 5:00 p.m. No boat may exceed 6 mph. “Quiet time” ends 1/2 hour before sunrise on Monday (Sunday before Memorial Day to Sunday preceding Labor Day).
 - 45 mph limit on Saturdays, Sundays, and holidays.
 - **Boats greater than 22 feet in length and pontoon boats greater than 30 feet in length are prohibited.**
 - No staging of personal watercraft, motorboat or water-skiing activities from Town-owned beaches or park.
 - Overnight mooring prohibited.
 - Obey all CT state laws and regulations.

Be sure to become familiar with all the regulations for boating, tubing, paddling and all the other fun stuff you'll be doing on the lake this summer - all safely - by visiting: https://www.ct.gov/deep/cwp/view.asp?a=2686&q=322292&deepNav_GID=1620

Docks, Lifts, Buoys

The Town of Winchester has several ordinances relating to docks, swim floats, boatlifts, walkways, personal watercraft lift/floats, mooring buoys and markers. Some highlights:

- No structure, whether solid or inflatable, shall be installed in, on or over a watercourse without first obtaining a permit for such installation.
- Only authorized docks, walkways, swim floats, boatlifts, personal watercraft lift/floats, mooring buoys and markers may be installed in, on or over a watercourse.
- Only one dock shall be permitted per property, unless it is grandfathered under the merged properties provisions 8.(d) or unless a property has more than 150 contiguous linear feet of shorefront.
- A maximum of three vessels shall be allowed to be berthed per property, regardless of how and where they are berthed.
- Docks shall be for private, noncommercial use (except for the one existing marina at Highland Lake).
- Only one swim float shall be permitted per property. No part of a swim float shall be located more than 50 feet from the shorefront.

- Only one mooring buoy shall be authorized per property, except if a property has no dock. A mooring buoy shall not be attached to any other structure or object or to the shore.
- Only one boatlift shall be allowed per property.
- One personal watercraft lift/float shall be allowed per property. A personal watercraft lift/float shall hold a maximum of two personal watercraft.

For all of the details on the necessary permits and town regulations, go to this link - https://www.townofwinchester.org/sites/winchesterct/files/file/file/dook_mooring_ordinance.pdf.



Blue Circle Award

Several years ago, HLWA began presenting the Blue Circle Award to an HLWA member/family who demonstrates “best management practices” on their property. Likewise, the State of Connecticut Department of Energy and Environmental Protection has awarded HLWA the Green Circle Award for such projects as the biannual road cleanups on the entire perimeter of the lake.



There are ways you can enhance the beauty of your land and do your part in preserving the water quality of Highland. If you notice a neighbor who is demonstrating good “stewardship” of our watershed, please take the time to let us know.

Nomination/Application for HLWA Blue Circle Award

Name _____

Address _____

Phone _____ Email _____

Please write a brief description of the actions you or your nominee take that demonstrate stewardship of Highland Lake.

If you have any pictures that show the stewardship activities, they would be very helpful. Please include them with this application.

The application deadline is July 1.

Please email your application to hlwa@hlwa.org or mail to Highland Lake Watershed Association, P.O. Box 1022, Winsted, CT 06098.

Home Address Sign Program

by Jan Gyurko

Years ago, HLWA began the program of making and delivering house address signs and dock signs. Homes around the lake are not always easy to find, and a well-made and well-placed address sign helps for a speedy response to what might be a crucial medical problem. The Winchester Police Department, Fire Department and Emergency Medical Personnel need accurate house identification to guarantee a prompt response. Easily visible numbers are also important to commercial delivery services. **And** the Winchester Board of Selectmen passed an ordinance requiring a home address sign on your dock!



In recent years the sign program was handed over to the Winsted Ambulance Explorers Post 162. The signs provide uniform, visible, reflective numbers for the homes

in our community and aid the police marine patrol in case of an emergency.

- Emergency responders can only help you when they find your location.
- Posting your address number provides easy identification of your location for responders who are not always exactly familiar with your area.
- Every second counts during an emergency. Posting your address number allows emergency responders to save critical time especially if your home is hard to locate.
- Homes are often hidden from view at the beginning of the driveway, and only posting numbers on your home does not help first responders.
- Posting a reflective sign will help first responders reach you, especially at night.
- Posting your address on your dock is required by Winchester ordinance.

Dock and Mooring Ordinance (Sec. 162) requires "Reflectors shall be affixed to the ends of a dock." In addition: "The street number of the property (in numbers at least 3 inches high) shall be affixed to the end of a dock so as to be visible from the watercourse."



For ordering, there is an online order form, through Google Forms: <https://goo.gl/forms/aRNU67qiga2sop4O2> or go to winstedambulance.org/explorers and click the yellow button in the middle of the screen to order.

If anyone has questions, email explorers@winstedambulance.org or contact Ryan Weiss at 860.459.5114.

Fish Tales - Let's Go Fishing!

by Jim Welton

It is going to warm soon - it really is! With the warmth comes really good fishing. With apologies to my ice fishing brethren, fishing is not supposed to be standing on ice, fishing through ice or anything to do with ice - sorry. I'm glad you like it though.



But let's not get ahead of ourselves. Now is the time to change lines, oil the reels (not too much) and sharpen the hooks. And sort all the new great lures you have accumulated over the winter in your tackle box. One quick comment on changing your line - just do it! There is a lot of big fish out there and there is nothing like hooking a big one and losing it because the line breaks. This has happened to me too many times because I was lazy.

So some thoughts on fishing in the spring. First, it's really good. With the warm air, the water temperature rises, the bass in particular become more active and more hungry. After lying dormant most of the winter they really respond and feed with rising temperatures. The northern side of the lake and the northern side of any cove is the first to warm up, especially shallow areas.

Trout are also stocked (a lot of them) usually in late March and into April and are usually hungry and more shallow and easier to catch than when they go deep. In fact, several thousand 16" trout were just in our lake to help us with the trophy lake size regulations.

Smallmouth bass spawn at around 55 degrees water temperature, while largemouth usually wait till the water gets warmer, around 60 degrees. You can tell where they are spawning when you can see lighter areas the size of a trash can lid in the bottom. These are created by the males as they sweep the lake bottom of vegetation with their tails in order to create "spawning beds." The resulting exposed sand and small pebbles will then absorb heat better in order to incubate the female's eggs.

Often you can see one or both bass hovering around the spawning beds prior, during and post spawn. Usually the females are much larger than the males and leave the males to guard the beds after she lays her eggs. Bass are quite easy to catch during this time since the bass instinctively guard the nests. It is ok to fish during the spawn but *care should be taken when handling the bass and returning it to the water.* The bass will go right back to their nests if handled and released carefully.

Send me some pictures of your catch for next newsletter! Email me at jimwelton21@gmail.com.

Bubbles & Truffles, a Chocolate Lover's Wine and Beer Tasting

by Carol Zacchio

This Friends of Main Street fundraising event was well attended and \$10 from each ticket sold will be used toward the purchase of a water fountain at Rowley Field. What a great opportunity to see your neighbors and friends, have a good time and help make a difference. (See pictures below of some lake residents who attended.)

Let me admit they had me at the title - I enjoy wine and beer and love chocolate! However, there was so much more with delicious hors d'oeuvres from local establishments. This was a chance to try a beverage or food and I found many I liked. HLWA was a sponsor of this event as we support their efforts of community revitalization and economic growth of Winsted.



Highland Lake Boat Parade

by Ann Lippincott

On July 13 at 8:00 p.m., join us for a slow cruise around our lake. The Winchester Marine Patrol will lead the parade beginning at Holland Beach and proceeding around the lake in a **counterclockwise** pattern.

Be creative. Be exciting. Get your family and friends involved in decorating either your boat or your shoreline. Let's light up the lake and get into the Highland Lake spirit!

Prizes will be awarded.

After the parade, you can vote on your favorite boat! All are welcome to vote online. Either go to our website (hlwa.org), follow the instructions, and click on the link provided; or go to our Facebook page (Highland Lake Watershed Association) and click Like on the photo of the boat/shore you like best!



Highland Lake Water Testing

When HLWA started the water testing program, following limnologist Dr. George Knoecklein's expert advice, we purchased state-of-the-art monitoring equipment and began our monthly testing and sampling program. We created a "Health Chart" for the lake and we continue to chart the same elements today. Using fairly sophisticated equipment, the temperature and oxygen probes are lowered into the lake and data is recorded for each meter from surface to the lakebed in all three bays. Second bay is the deepest at 60 feet of water on the west side of the lake near the Harvey Wakefield and Long Pond Ridge plaques. The water samples we take are sent to the University of Connecticut Lab since they have sensitive enough equipment for analyzing lake waters for phosphorous, nitrogen pH and other factors. Dr. Knoecklein advised us regarding which tests are most important in detecting trends in water quality over a long timespan and from which we can see if there are dangerous conditions developing. We can then implement strategies to correct or delay further deterioration.

After charting data for 12 years, it seemed appropriate for the Town to pay for analyzing it and to have a Highland Lake management plan developed. In 1991, Clare Stevens, a past board member and chairman of the water quality/environmental committee, submitted a budget proposal to the Town Manager and Selectmen that would allow the town to hire Dr. Knoecklein to research and develop a professional lake management plan.



A House ON the Spillways

by Jan Gyurko

Once upon a time, long, long ago, someone built a house on the spillways. Not at the end of the spillways, but actually ON the spillways – right in the middle! From



markings on the picture it looks like the photo may have become a postcard at one point. Typed on the picture is a conversation between a John R Perry and a Frederick G Parris. It goes as follows:

John R Perry "A family by the name of Goddard lived in this house in the 40's. That big tree goes right through the roof."

Frederick G Parris "John do you know if it was between the two spillways to the right of one to the left of one? Seems to be controversy on this"

John R Perry "It was between the spillways. I walked those spillways six days a week delivering the Citizen."

So, does anyone know any more about this house? Have a postcard with this photo? Know who the Goddards were? Know either Mr. Perry or Mr. Parris? Let me know via email at marketing@hlwa.org. Aren't things like this just fascinating?

Welcome to the HLWA Board

The HLWA Board of Directors is pleased to welcome our newest member, Laura Jean L'Heureux. Laura is a graduate of Central Connecticut State University, where she received her BA in graphics arts. After graduating, Laura launched her career in Bristol, CT where she began specializing in graphic design consultant work and resided for 45 years.

About 6 years ago she decided it was time for a career change and started refurbishing furniture in her two-car garage. A little over a year ago, after moving to Highland Lake, Laura opened her own paint studio at Whiting Mills in Winsted. As opportunity would have it, Laura expanded into a 1,600-square-foot storefront in the center of Pine Meadow, not only selling her beautiful furniture but also expanded to a wide variety of unique home decor.

Save the Dates!!

- ◆ **Spring Clean-Up: April 28, 2019**
 - 9:00, come meet at Resha Beach for cup of coffee, tea or hot chocolate and a bagel or donut to get you fueled up to clean!
- ◆ **HLWA Annual Meeting: July 13, 2019**
 - 9:00 a.m. at the Franciscan Center
 - to volunteer to set up, contact annelippincott0@gmail.com
- ◆ **Highland Lake Boat Parade: July 13, 2019**
 - the parade will begin at 7:30
 - parade to run **counterclockwise**
 - rain date July 20, 2019
 - see page 8 for more details on this fun parade!
- ◆ **An Evening On Highland Lake: July 27, 2019**
 - 60-year celebration!
 - this special event will be held at **The Marina at Highland Lake**

Be sure to mark your calendars now!!

Committee Chairs

Finance: Carol Zacchio
 Government Relations: Sam Sciacca
 Water Quality/Environmental: Rose Molinelli
 Legacy: Willie Platt
 Membership: Jim Welton
 Social Activities: Anne Lippincott

Board

Ray Fugere 860.738.9781
 Jan Gyurko 860.877.1499
 Laura L'Heureux 860.690.4308
 Anne Lippincott 860.307.6591
 Rose Molinelli 860.379.5495
 Beth Papermaster 860.614.2740
 Willie Platt 860.379.0017
 Jill Ricci 860.324.7673
 Nancy Reardon 860.836.7506
 Sam Sciacca 203.464.5703
 Jim Welton 203.589.0542
 Carol Zacchio 860.379.3267

Nikki Shocka found this in her partner's stamp collection!



Laura is an outgoing professional, a great people-person with an infectious smile, as well as a proud mother of two adult boys

GET PUBLISHED in the Highland Lake News!



Help keep our newsletter vibrant and interesting!

- Life on the lake stories • Pieces of history
- Photos of lake fun • Family event photos
- Nature shots • Articles • Poems • Recipes

Submit your material to:
Marketing@HLWA.org

**Be creative!
 Be fun! Be serious!
 We want it all!**

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*Miss Josephine Burke
 Litchfield
 Conn*

Recipe Corner

by Karen Jones

This is a great dish to bring to a party; it travels well as you can bake it right before you leave the house and cut into squares later.

Italian Antipasto Squares

- 2 pkgs. Pillsbury Crescent Rolls
- 1 jar Mancini roasted peppers (cut into thin strips)
- 1/4 lb. Genoa salami
- 1/4 lb. baked ham
- 1/4 lb. Swiss cheese
- 1/4 lb. provolone cheese
- 4 eggs
- 2 tbsp. grated cheese

Spread one package of Crescent rolls into a 13 x 9 baking pan (glass if you have it). Layer the salami over the crust, then layer the provolone and half of the pepper strips. Next, layer the ham and then the Swiss cheese on top. Add the remainder of the pepper strips. Slightly beat 3 eggs together and pour all over. Sprinkle with grated cheese. Unroll the last package of Crescent rolls on wax paper. Flip over onto pan as the top layer. Press seams together.

Brush crust with the last slightly beaten egg. Bake covered with foil at 350° for 30 minutes. Uncover and bake another 30 minutes more until browned. Let cool a few minutes and cut into squares.



you

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"Owl" by Georgi Andrews

Email us at hlwa@hlwa.org

Website: www.hlwa.org

(Remember to always check the website for any Lost & Found articles)

Visit our *Facebook* page and "Like" us!

Upcoming Events

April 28 - Spring Cleanup

July 13 - Annual Meeting & Boat Parade

July 27 - Evening on Highland Lake

Should You Join or Renew Your HLWA Membership?

by Jim Welton

Yes, the answer is clear. HLWA is filled with great people who care about our beloved lake and its watershed. With your support and participation, we can keep Highland Lake the wonderful, special place it is.

There are some fantastic events scheduled throughout the year, and they will be better if you join and participate!

- Lake Cleanup - Sunday, April 28
- Annual Meeting - Saturday, July 13
- Boat Parade - Saturday, July 13
- An Evening on Highland Lake - Saturday, July 27

Maybe you have a great idea for an event or activity? Maybe you can participate by being on a committee, or volunteer - water sampling April through November, stewarding forested land acquired by HLWA, or working with local and state authorities to maintain water quality and safety.

As a member, your \$50 membership goes to help the lake in many ways and, consequently, our community. And, members receive printed issues of the Highland Lake News mailed to their home.

A beautiful, clean, safe lake benefits all of us . . . so the answer is clear - **yes!**

MEMBERSHIP APPLICATION

HIGHLAND LAKE WATERSHED ASSOCIATION, INC.
P.O. BOX 1022, WINSTED, CT 06098-1022

The Highland Lake Watershed Association (HLWA) is a nonprofit organization dedicated to the preservation and protection of Highland Lake and its watershed.

Property owners in the Highland Lake watershed are eligible for voting membership. Others who wish to support the mission of the Association are eligible to join as an Associate Member.

Annual **fiscal year July 1, 2019 to June 30, 2020** membership **dues** are: \$50.00

I would like to make an additional **donation** of: \$ _____

Please make check payable to **HLWA** and mail to above address.

TOTAL enclosed: \$ _____

(Dues and donations paid to HLWA qualify for IRS consideration as a contribution to a charitable organization and may be tax deductible.)

Name(s): _____

Primary/mailling address: _____

If your primary address is not in CT, do you want the summer newsletter mailed to your lake address? Yes ___ No ___

If your **lake address** is different from mailing address: _____

Primary phone: _____ Cell or lake phone: _____

Email: _____

Volunteer opportunities:

<input type="checkbox"/> HLWA Board of Directors	<input type="checkbox"/> Water Data Collection
<input type="checkbox"/> Town Meeting Attendance	<input type="checkbox"/> Newsletter
<input type="checkbox"/> Social Activity Planning	<input type="checkbox"/> Cleanup Campaigns
<input type="checkbox"/> Welcoming New Owners	<input type="checkbox"/> Marketing/Fundraising
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(Application is also available on our website www.hlwa.org)



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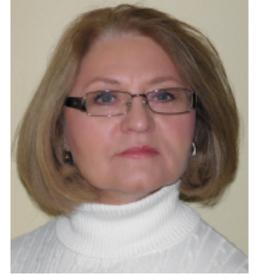


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Town of Winchester - Keeping Informed

by Beth Papermaster

The Town of Winchester makes it easy to stay informed and up to date on all of the various issues coming before the Town's various committees. Simply visit www.townofwinchester.org and on the home page click on "Sign Up for Town News." A long menu of options will appear, and you can select based upon your interests. Once you subscribe, you will receive emails from the Town related to your selections. There are always interesting and important issues coming before Inland Wetlands and Watercourses, Planning and Zoning Commission, Senior Center, or any of the other departments. You may find it helpful to look at meeting agendas to see if an issue is of particular interest to you. HLWA does not usually send out notices of upcoming meetings that may be of particular interest to lake homeowners, so we encourage you to subscribe to this service provided by the Town.

